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**SENIOR FRIENDLY COMMUNITY**  
**COLLECTIVITÉ-AMIE DES ÂÎNÉS**

**Annual Report to  
City Council  
April 26, 2021**

# INTRODUCTIONS

Norm Quenneville

Ian McKinnon

& many committee members  
including Chair Mr. Bernard  
Lamarche



# BACKGROUND/HISTORY

The committee originated from a working group that in March 2016 developed a Senior Friendly Community Plan

This same working group further developed the Senior Friendly Community Implementation Plan in early 2017

Seeing the importance of having a Senior Friendly Committee, City Council approved this Committee of Council

The Senior Friendly Community Committee operates with an approved terms of reference which specifically has 4 (four) current goals

- To apply an action plan to support seniors
- To reduce organizational, social and physical barriers that prevent seniors from fully engaging in community activities
- To provide education about aging and dementia in order to reduce the associated stigma
- To provide a healthy community by focusing on the World Health Organization's identified key areas such as transportation, housing, social participation just to name a few.



# CURRENT INITIATIVE

<https://vimeo.com/326058270>

The *Senior Friendly Committee* is initiating a new project currently called the Trishaw Project ( currently looking at renaming this project) for the purpose of addressing the isolation of the Seniors of Cornwall.

We want to tap the potential of Cornwall's excellent bike path network to provide our aging and less mobile seniors with an interesting and invigorating opportunity to explore nature in areas of the city that might normally be inaccessible to many of them.

Create an intergenerational project.



# TRISHAW PROJECT 2021

- In 2019 the Committee made application for a New Horizons Grant
- COVID 19 affected both the committee to operate and the Grant
- In 2020 the Committee asked New Horizons to redirect the Grant to the Trishaw Project to help seniors get out of isolation and enjoy the community
- The Committee and the Project got new life early this year with the resurgence of a new committee



# Trishaw Project 2021

- A lease agreement has been signed with a local vendor for a vehicle for summer 2021
- The goal is to purchase a vehicle or vehicles for 2022
- The plan is to begin the project June 1<sup>st</sup> – ready for Seniors' Month
- This year the project will target isolated seniors
- The committee with the assistance of City resources has also working out arrangements with local organizations for the coordination of the project
- The committee has made a presentation to one local service club and intends on approaching others including the francophone community for support in order to move the project further and have it become a TRUE COMMUNITY INITIATIVE

A BIG THANK YOU TO ALL CITY ADMINISTRATION WHO HAVE AND CONTINUE TO WORK WITH COMMITTEE MEMBERS ON THIS INITIATIVE





# THE WORK AHEAD

- TO ENSURE THE TRISHAW PROJECT IS SUCCESSFUL THIS YEAR AND IN THE FUTURE
- TO WORK THROUGH THE SENIOR COMMITTEE IMPLEMENTATION PLAN
- TO LOOK FOR AND APPLY FOR AVAILABLE GRANTS TO HELP THE COMMITTEE DEVELOP MORE SPECIAL PROJECTS THAT WILL BENEFIT SENIORS IN OUR COMMUNITY
- TO WORK WITH ALL ORGANIZATIONS TO ADVANCE THE INITIATIVES THAT WILL BENEFIT THE LIFE OF SENIORS IN OUR COMMUNITY.



# QUESTIONS ?



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