

## The Corporation of the City of Cornwall Regular Meeting of Council Report

Department: Corporate Services

Division: Clerk's Division

Report Number: 2021-47-Corporate Services

Prepared By: Debbie Caskenette, Deputy Clerk

Meeting Date: April 26, 2021

Subject: Proclamation – Mental Health Week

## **Purpose**

To proclaim the week of May 3 to 9, 2021, as "Mental Health Week" in the City of Cornwall.

## Recommendation

That Council proclaim the week of May 3 to 9, 2021, as "Mental Health Week" in the City of Cornwall and that its flag be flown at 340 Pitt Street.

## **Background / Discussion**

The Canadian Mental Health Association has requested that the week of May 3 to 9, 2021, be proclaimed as "Mental Health Week" in the City of Cornwall and have its flag flown at 340 Pitt Street.

These are unprecedented times of extreme anxiety and stress but mental health is something we can protect, not just something we can lose.

The 70th annual "Mental Health Week" celebration will focus on how naming, expressing, and dealing with our emotions – the ones we like and the ones we don't – are important to our mental health.



Document Title:	Proclamation - Mental Health Week - 2021-47-Corporate Services.docx
Attachments:	<ul> <li>Request Letter for Proclamation and Flag Raising</li> <li>MHW 2021- Cornwall.pdf</li> <li>Proclamation Supporting Information.docx</li> </ul>
Final Approval Date:	Apr 20, 2021

This report and all of its attachments were approved and signed as outlined below:

Manon L. Levesque - Apr 20, 2021 - 9:09 AM

Geoffrey Clarke - Apr 20, 2021 - 9:15 AM

Maureen Adams - Apr 20, 2021 - 11:57 AM