The Hub for Beyond 21 Foundation

OUR VISION IS TO SEE ADULTS WITH DEVELOPMENTAL DISABILITIES CONNECTED, RESPECTED, AND CONTRIBUTING TO COMMUNITY.

WWW.BEYOND21.ORG

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Why do we exist?

► At the age of 21 adults with developmental disabilities 'age out' of the school system

► Statistics show that individuals with a developmental disability that go home at the age of twenty one with no stimulation suffer from isolation, regression and depression.

► 12 years ago, board President, Tish Humphries started to search for options for her daughter, Emma, once she graduated high school.

 What she discovered was …

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"I began to research what opportunities there would be available for her. Emma's Dad is a full time farmer; I was employed at a job I loved also full time. My search did not take long; I was overwhelmed, horrified and shocked. There was "Nothing" for Emma. I didn't sleep for a month worrying about her future. Emma did not want to stay home with me every day, I would have to quit my job, she would not have any friendship opportunities, and her future was grim."

"We have Montessori and Nursery School for the pre-school, we have colleges, universities and trade schools for postsecondary and we have Encore for the retired, yet there was nothing to meet the special needs of our adult children post the age of Twenty One."

a PLACE to BELONG

THE HUB FOR BEYOND 21 FOUNDATION BELIEVES THAT COMMUNITY IS A PLACE WHERE EVERYONE BELONGS.

We know that adults with developmental disabilities have hopes and dreams, the same as anyone else. We exist to see these dreams achieved!

Who we work with

➢ Adults 21 + years of age who have a developmental disability

➢ People who want to build peer and community connections

➢ People who want to discover our community and how they can give back to the place they call home

➢ Adults with limitless potential

➢ Adults who have the talent, skill, and gifts to impact our community for positive change and growth

What we do

Home Skills

Meal planning and preparation

Nutrition, cleaning, laundry and more

Life Connections

Social skills, budgeting, community safety, community based activities, and more

Leisure/Recreation

Creative and Visual Arts

Physical recreation, games, community recreation, and more

1924 Pitt Street, Cornwall, "a Place to Belong"

Our Future

- a fully accessible building purposefully designed to meet the sensory and physical needs of adults who have a developmental disability
- A safe place to connect with friends and with the community

a Place to Belong

- ▶ **Belonging** means acceptance as a member or part. Such a simple word for huge a concept. A sense of **belonging** is a basic human need.
- ▶ Did you know that it has only been 10 years since institutions for adults with developmental disabilities closed in Ontario?
- ▶ Did you know those institutions were 'home' for 135 years?
- ▶ As a result, for 135 years, we lived without interacting with adults who have a developmental disability in our communities.

It is time for this to change and for all people to know they have a place to belong in our community!

Your investment will bring results!

- ➢ Adults with a developmental disability will <u>have a safe place</u> to connect with friends and with the community.
- ➢ Family members/caregivers will have a <u>greater peace and security</u> in regards to the future of their adult child.
- ➢ Adults with developmental disabilities and their caregivers will have <u>increased network</u> of peer and professional relationships.
- ➢ Adults with developmental disabilities will experience <u>increased participation and contribution</u> in community activities with other citizens.
- ➢ Together we will <u>create a more inclusive community</u> with fewer barriers where everyone has "*a Place to Belong*."

Katrina shares her thoughts on the impact of an inclusive community:

"Do not limit me because I have Down Syndrome. I am a free woman who deserves to be treated with respect and love. I am a kick butt intelligent woman.

I may be a disabled Down syndrome adult, but I will never give up on one opportunity because I believe that everybody can make their own destinies come true.

Anything is possible as long as we have each other."

How you can help

E transfer: donate@beyond21.org

Mail: Beyond 21, PO Box 1901 Stn Main, Cornwall, ON, K6H 6N6

Credit Card: online at www.beyond21.org/donate

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